Morphological Study of Chordae Tendineae of Rightventricle in Embalmed Human Cadavers.

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Abstract:

Introduction: Chordae tendineae are fibrous collagenous structures supporting the leaflets of atrioventricular valve. Chordae tendineae form one of the important components of atrio-ventricular valve complex. They convey the contraction of the papillary muscles to the valve and so prevent the latter's eversion. Dysfunction of these subvalvular components of tricuspid valve isfrequent.

Materials And Methods: The present work was done by dissecting 42 formalin fixed adult human hearts. The sex of human was not considered. The following observations were taken (a) types of chordae tendineae (b)number of chordae tendineae attached to each papillary muscle and their mode of origin, insertion and distribution.

Observations And Results: In present study, five different types of chordae tendineae were found i.e. rough zone, fan shaped, free edge, deep and basal. The average number of chordae tendineae arising from each papillary muscle were as follows-APM-5.07, PPM- 3.04 and SPM – 2.1.The average number of chordae tendineae inserted into each cusp was as follows – anterior cusp-5.64, posterior cusp-4.07, septal cusp -8.64 and at each commissure -0.9.Thus the average number of chordae attached to the tricuspid valve was 19.25.

Conclusion: This knowledge may help cardiac surgeons during surgical procedures conducted for correction of valve defects.

Keywords: Human heart, right ventricle, chordae tendineae

I. Introduction

Chordae tendineae are fibrous collagenous structures supporting the leaflets of atrioventricular valve. These are of two types – true chordae and false chordae [1]. **False chordae** connect papillary muscles to each other or to the ventricular wall including the septum, or pass directly between points on the wall (or septum or both). They are irregular in numbers and dimensions in the right ventricle. **True chordae** usually arise from small projections on the tips or margins of the apical one thirds of papillary muscles, but sometimes arise from bases of the papillary muscles or directly from the ventricular walls and the septum. They are attached to various parts of ventricular aspects or the free margins of the cusps [1]. Chordae tendineae were first classified by Tandler into I, II and III order chordae according to the distance of the attachment from the margins of the cusps [2]. This scheme has little functional or morphological merit.Silver et al (1971) depicted five different types of chordae tendineae and named them according to their shapes or their site of insertion on the leaflets – fan shaped, rough zone, basal, free edge and deep [3].

II. Materials and Methods

The present work was carried out in department of Anatomy, Rajendra Institute of Medical Sciences (RIMS), Ranchi, Jharkhand. This work was done by dissecting 42 formalin fixed adult human hearts. The sex of human was not considered.

Collection of specimens: The adult human hearts were obtained by dissecting formalin fixed cadavers allotted to the undergraduate medical students of department of anatomy, RIMS, Ranchi, Jharkhand. Few human hearts, used earlier by a senior post graduate student of RIMS, for his dissertation work on coronary arteries were also utilized for the present study. Some of the hearts were also collected from the Department of forensic medicine and toxicology, RIMS, Ranchi.

Method of dissection of already removed hearts: Dissection was performed according to the standard techniques, by opening through theatrioventricular valve to view the constituents of tricuspid valve complex.

Exposure of tricuspid valve: To expose the tricuspid valve, incision was begun at the inferior vena cava with scissors and cut into the right atrium staying about 0.5 to 1 cm above the tricuspid valve annulus. Blood clots if present were washed out from the atrial chamber.

Exposure of papillary muscles and chordae tendineae: The incision given earlier for exposure of tricuspid valve was extended further downward vertically along the right border of the right ventricle just above the apex of the heart. Blood clots if present were washed out from the chamber. This exposes the papillary muscles and chordae tendineae of the right ventricle. The chordae tendineae arising from each papillary muscle were identified, their type, number and any variations were noted and tabulated.

III. Observations and Results

It was observed that the chordae tendineae were of two types – true and false (photograph no.1). True chordae arose either from a papillary muscle or directly from the ventricular wall and were not only inserted to the corresponding leaflet but also to the adjacent leaflet. It was found that the chordae tendineae arising from the anterior papillary muscle were inserted to both anterior and posterior leaflet of tricuspid valve (photograph no.2), similarly chordae tendineae arising from posterior papillary muscle were inserted to both septal leaflet. The chordae tendineae arising from septal papillary muscle were inserted to both septal and posterior leaflets. Five different types of chordae tendineae were identified in the wall of right ventricle, namely rough zone (RZC), free edge (FEC), fan shaped (FSC) (photograph no.3), deep chordae (DC) and basal chordae (BC). The average number of chordae attached to each papillary muscle is tabulated below-

Table no.1 - Showing average number of chordae tendineae (CTN) attached to each papillary muscle.



Graph no.1 -Bar graph showing average number of chordae tendineae originating from each papillary muscle. **X axis – Showing different papillary muscles, Y-axis –Showing average number of chordae tendineae**

The observation of the insertion of chordae tendineae to different zones of the cusps of right ventricle was done based on the classification given by Silver.

<u>Fal</u>	le no. 2- showing	average number	of different type	es of chordae i	nserted into th	e leaflets

Site of insertion	Type of chordae	Average number of chordae inserted in each leaflet
Anterior Leaflet	Fan shaped	0
	Free edge	0.61
	Rough	3.5
	Deep	1.2
	Basal	0.5
Posterior Leaflet	Fan shaped	0.35
	Free edge	0.76
	Rough	1.3
	Deep	1.02
	Basal	0.57
Septal leaflet	Fan shaped	0
	Free edge	1.09
	Rough	4.8
	Deep	0.78
	Basal	1.88
APC	Fan shaped	0.8
PSC	Fan shaped	0.5
ASC	Fan shaped	0.7

Leaflets	Type of chordae	Percentage of cases presenting such chordae in each leaflet
Anterior Leaflet	Free edge	57.14
	Rough	100
	Deep	76.19
	Basal	40.47
Posterior Leaflet	Fan shaped	33.33
	Free edge	54.76
	Rough	90.47
	Deep	78.57
	Basal	47.61
Septal leaflet	Fan shaped	0
	Free edge	64.28
	Rough	100
	Deep	59.52
	Basal	85.71

Table no.3	-Showing percent	age of cases having	ng different types of chordae tendineae attached to each leaflet
	T CL	T C 1 1	

The average number of chordae tendineae attached to each cusp of the tricuspid valve is tabulated below-

 Table no.4 – Showing average number of chordae tendineae (CTN) attached to each cusp of right ventricle.

 Anterior cusp
 Posterior cusp
 Septal cusp
 Commissure



Graph no. 2 – Bar graph showing average number of chordae tendineae attached to each leaflet X-axis Showing leaflet, Y-axis showing average number of chordae.

Thus the average number of chordae tendineae attached to the tricuspid valve was 19.25.

IV. Discussion

In present study, five different types of chordae tendineae were found i.e. rough zone, fan shaped, free edge, deep and basal. The average number of chordae tendineae arising from each papillary muscle were as follows-APM-5.07, PPM- 3.04 and SPM - 2.1. The average number of chordae tendineae inserted into each cusp was as follows –anterior cusp-5.64, posterior cusp-4.07, septal cusp -8.64 and at each commissure -0.9. Thus the average number of chordae attached to the tricuspid valve was 19.25. According to Nigri et al, 2001 the mean number of cords originating from the APM, PPM and SPM were 4.74, 2.67 and 1.77 respectively [4].In 1970 JHC Lam et al studied chordae tendineae in 50 normal mitral valves and classified them according to their mode of insertion into 4 main types. [5]. In the present study involving tricuspid valves 5 types of chordae were identified, namely free edge, fan shaped, rough zone, deep and basal chordae. In1971, Silver MD, Lam HC, Ranganathan N et al studied on the morphology of 50 normal human Tricuspid valve and reported that the surface of the leaflets could be divided into three zones: (1) the rough zone, into which most of the chordae tendineae are inserted, (2) the basal zone, and (3) the clear zone, which lies between the rough and basal zones. [3] Five types of chordae were distinguished by their morphology and mode of insertion: fan-shaped, rough zone, basal, free edge, and deep chordae [3]. The last two types are unique to the tricuspid valve. Fan shaped chordae were present at the anteroposterior commissure in 47 hearts, at the posteroseptal commissure in 50 and at the anteroseptal in 41 hearts. Rough zone chordae were attached to the anterior leaflet in all 50 hearts, to the posterior leaflet in 41 and to the septal leaflet in 49. The free edge chordae branch before insertion and their fine subdivisions form a delta-shaped insertion at the free edge. One or more were found attached to 32 anterior, 24 posterior, and 25 septal leaflets. Basal chordae were found attached to 23 anterior, 23 posterior, and 45 septal leaflets. On the

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average 25 chordae were inserted into the tricuspid valve. Of the 25 chordae, 7 were inserted to the anterior leaflet, 6 to the posterior leaflet, and 9 to the septal leaflet [3]. According to Skwarek et al 2006, the main leaflets usually received 20.79 ± 8.43 cords and the accessory cusps 8.14 ± 4.85 cords [6, 10].Most of the chordae tendineae arose from the apices but few from thesides of the papillary muscles.Chordae tendineae arising from a papillary muscle were not only inserted to the corresponding leaflet but also to the adjacent leaflet. Similar finding was reported by Mohamed A. B.Motabagani [7].Escande G Guillot et al in1980 described a new type of tendinous cord in the tricuspid valve, which was different from the 4 types described earlier. They named it 'Mixed cord'. The mixed cord is a cylindrical tendinous cord, always ramified into branches. Each ramification is attached to the valve by an expansion, which is either perpendicular or parallel to the ring. [8]In the present study "Mixed cords" were not found.S.A.Gunnal et al defined more than 21 terminologies of chordae tendineae by classifying it into 6 different types [9].

Site of insertion	Types of chordae	Avg. no. of chordae attached in present study	Silver
Anterior leaflet RZC 3.5		3.5	4
	FEC	0.61	1
	DC	1.2	2
	BC	0.5	1
Posterior leaflet	FSC	0.35	1
	RZC	1.3	2
	FEC	0.76	1
	DC	1.02	1
	BC	0.57	1
Septal leaflet	RZC	4.8	4
	FEC	1.09	1
	DC	0.78	1
	BC	1.88	3
APC	FSC	0.8	1
PSC	FSC	0.5	1
ASC	FSC	0.7	1

 Table no.5: Comparison of average number of CTN attached to different zones of cusps in present study with earlier work.

 Table no.6: Comparison of percentage of cases with various types of chordae present in right ventricle in present work with earlier work

work with earlier work			
Leaflet	Type of chordae	% obtained in present Study	% obtained by Silver
Anterior Leaflet	RZC	100	100
	FEC	57.14	60
	DC	76.19	70
	BC	40.47	50
Posterior leaflet	FSC	33.33	40
	RZC	90.47	80
	FEC	54.76	50
	DC	78.57	60
	BC	47.61	50
Septal leaflet	RZC	100	100
	FEC	64.28	50
	DC	59.52	70
	BC	85.71	90

Table no.7: Comparison of average number of chordae tendineae attached to each cus	sp of tricuspid valve
obtained in present study with the earlier work.	

Site of insertion	Avg. no. of CTN attached to each cusp in present study	Avg. no. of CTN attached to each cusp described by Silver
Anterior leaflet	5.64	8
Posterior leaflet	4.07	7
Septal leaflet	8.64	9
Each commissure	0.9	1

V. Conclusion

Chordae tendineae forms the important component of the atrioventricular valve complex as it maintains the continuity of the valve complex. The present study shows that there is great variation in number and morphology of chordae. Thus this study may help the cardiac surgeons during surgical procedures conducted for correction of valve defects.

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Photograph No. 1



Photograph No. 2: Showing chordae tendineae arising from anterior papillary muscle is inserted into the corresponding leaflet (anterior leaflet) as well as the adjacent leaflet (posterior leaflet)

CTN –Chordae tendineae, APM – Anterior papillary muscle, PPM- Posterior papillary muscle, AL-Anterior Leaflet, PL – Posterior leaflet



Photograph No. 3

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